

Ealing 0-19 Admin Hub
South Acton Children's Centre
Castle Close
Acton, London
W3 8RX
Tel: 020 8102 5888
Email: clcht.ealingadminhub@nhs.net

Height and weight checks for children in Reception and Year 6

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). Height and weight measurements are used to calculate weight status; which helps us to understand how many children are overweight, healthy weight or underweight.

Your child's class will take part in this year's programme.

The checks are carried out by trained health care providers from the School Nurse Team. Children are measured fully clothed, except for their coats and shoes; in a private space away from other pupils. The programme will be delivered in a COVID-safe way, in line with the school and local authority's safety and infection control measures and are following government advice for schools.

The information we collect and what it is used for is listed below:

- Your child's date of measurement, sex and date of birth are used to calculate your child's weight category
- Your child's name, date of birth and NHS Number are used to link your child's measurements in Reception and Year 6. Other data sets may also be linked such as your child's dental survey results or any visits to hospital they may have had. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health
- Your child's ethnicity and address are used to help understand some of the reasons for the difference and changes in child weight across England
- Your address is required to send you your child's feedback letter. This will include your child's measurements together with information about healthy eating, being active and where available related activities available in Ealing.
- Your email address and telephone number are helpful so that we can contact you by email or telephone to discuss your child's feedback and to offer you further support following your child's height and weight measurement.
- All the data collected is also used for improving health, care and services through research and planning. All this information is treated confidentially and held securely. No individual measurements will be given to school staff or other children.

How the data is used

- The information collected from all schools in the area will be gathered together and held securely by Ealing Council/CLCH. We will store your child's information as part of their local child health record on the NHS's child health information database and it will be accessible by your GP on your child's health record.
- All the information collected about your child will be sent by us to NHS Digital. NHS Digital is responsible for collecting data and information about health and care so that this can be used to monitor and improve the care provided to people across England.
- The information collected about your child will also be shared by NHS Digital with Public Health England but in a de-personalised form only. This means Public Health England will not be able to identify your child. Public Health England is responsible for working to protect and improve the nation's health.
- Both NHS Digital and Public Health England will use the information from the National Child Measurement Programme to better understand numbers and trends in child weight and body mass index (BMI). This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child.
- De-personalised information from the National Child Measurement Programme may also be shared by NHS Digital with other organisations, such as universities. This is to help improve health, care and services through research and planning. This information cannot be used to identify your child, and NHS Digital only ever shares information for research with the approval of an independent group of experts.

Online System

This year we are implementing a new online system and you will be able to access your children's feedback letter via a secure online parent portal, this portal is a faster, more efficient way to communicate with you and is GDPR compliant, so both parent and child's personal data is safe. It will also include further information about the NCMP including how to opt out if you choose to; and how to access your child's measurements.

Next Steps for you

Please follow the link below to register (if you have previously registered for another child or programme you can simply log in); you will then be able to complete forms for your children in Reception **and/or** Year 6, and receive your child's/children's results when they are ready.

If you do not want your child's height and weight to be checked please select this option when registering, if your child has a medical condition that affects their height or weight, please let us know using the contact details provided below.

Children will not be made to take part on the day if they do not want to.

Link: <https://app.schoolscreener.com/Portal/#/Ealing/p/eh113/101903>
(This link does not work on Internet Explorer, try using another browser)
Please register as soon as possible

However, if you are unable to register on the portal and do not wish to have your child measured, please inform the school and email clcht.ealingadminhub@nhs.net with your child's name, date of birth and address.

If you would like further information or you have problems accessing the link please contact the Ealing Admin Hub on 020 8102 5888 or email clcht.ealingadminhub@nhs.net

If you have concerns that your child may be above a healthy weight for their age (overweight) please feel free to contact the Healthy Weight Team using the contact details provided below:

Healthy Weight Team Email: clcht.ealinghealth4life@nhs.net

Healthy Weight Team Tel: 07909 002 201 / 07909 002 161

Further information

Further information about the National Child Measurement Programme can be found at <https://www.nhs.uk/live-well/healthy-weight/national-child-measurement-programme>

Information and fun ideas to help your kids stay healthy can be found at <https://www.nhs.uk/change4life>

Information about how we Ealing Council and Central London Community Healthcare NHS Trust collect and use information can be found at: [Introduction](#) | [Privacy notice](#) | [Ealing Council and CLCH Privacy Statement](#)

Information about how NHS Digital and Public Health England collect and use information can be found at <https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information> and <https://www.gov.uk/government/organisations/public-health-england/about/personal-information-charter>

Information about the organisations NHS Digital has shared information from the National Child Measurement Programme can be found at <https://digital.nhs.uk/services/national-child-measurement-programme>

Yours faithfully



Anna Bryden

Director of Public Health
London Borough of Ealing



Rita Thakaria
Interim Director of Operations, Children's Division
Central London Community Healthcare NHS Trust